When is 4. Gerber) asking for aces and when is it 4NT (Blackwood)?

There is a much more comprehensive answer to this question in the more advanced 'conventions' link. But for beginners/improvers and casual partnerships the following is probably OK:-

4. (Gerber) asks for aces if partner's last bid was 1NT or 2NT - so after a 1NT or 2NT opening or rebid or after a 1NT or 2NT bid by responder.

4NT (Blackwood) asks for aces when partner's last bid was a suit.